

LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Hindi			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March+ April	- शब्द विचार - सत्कर्तव्य (कविता)	- पेज नं 18 से 23 - पेज नं 9 से 12	मौखिक मूल्यांकन
May	- लिंग और वचन - तीर्थयात्रा (कहानी)	- पेज नं 30 से 37 - पेज नं 15 से 21	प्रश्नोत्तरी मूल्यांकन
June	- पत्र लेखन औपचारिक पत्र किसी समाचार पत्र के संपादक को पत्र लिखिए जिसमें अपने शहर की बढ़ती हुई अपराधवृत्ति की ओर अधिकारियों का ध्यान आकृष्ट कराया गया हो। - अनौपचारिक पत्र अपने मित्र को पत्र लिखकर बताइए कि महानगरीय जीवन किस प्रकार सुखद भी है और दुखद भी। इसके अतिरिक्त अन्य विषय भी। - अनुच्छेद लेखन युवा वर्ग और फैशन स्वच्छ भारत अभियान बेटी बचाओ, बेटी पढ़ाओ इसके अतिरिक्त अन्य विषय भी। - अपठित गद्यांश These all above topic will be come in half yearly exam. - पुनरावृत्ति	पेज नं 59 पेज नं 69 पेज नं 49, पेज नं 51 पेज नं 53	लिखित कार्य मूल्यांकन
July	- संज्ञा - नीति के दोहे	- पेज नं 25 से 29 - पेज नं 81 से 84	मौखिक मूल्यांकन
August	- शब्द भंडार - सुनेली का कुआँ	- पेज नं 102 से 109 - पेज नं 38 से 43	लिखित कार्य मूल्यांकन
September + October	- क्रिया - काबुलीवाला	- पेज नं 56 से 60 - पेज नं 86 से 93	मौखिक मूल्यांकन
November	- अशुद्धि शोधन - भीष्म पितामह	- पेज नं 110 से 113 - पेज नं 110 से 114	लिखित मूल्यांकन

December	• विराम चिह्न • और भी हैं (कविता)	• पेज नं 96 से 100 • पेज नं 46 से 49	• वर्कशीट मूल्यांकन
January + February	• साइकिल की सवारी • मुहावरे और लोकोक्तियाँ • पत्र लेखन • औपचारिकपत्र अपने क्षेत्र में पेड़ पौधों की अनियंत्रित कटाई को रोकने के लिए जिलाधिकारी को पत्र लिखिए। • अनौपचारिक पत्र ग्रीष्मावकाश में आपकी पर्वतीय मित्र ने आपको आमंत्रित कर अनेक दर्शनीय स्थलों की सैर कराई इसके लिए आभार व्यक्त करते हुए धन्यवाद पत्र लिखिए। इसकी अतिरिक्त अन्य विषय भी। • निबंध लेखन खेल संबंधी विषयों पर आधारित एवं नवीन विषयों पर आधारित इसके अतिरिक्त अन्य भी। • अपठित गद्यांश • पुनरावृत्ति	• पेज नं 123 से 130 • पेज नं 114 से 120 • पेज नं 55 • पेज नं 68	• लिखित मूल्यांकन

LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Sanskrit			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March + April	- लङ् लकार - सुभाषितानि	- पेज नं० 13 से 16 - पेज नं० 29 से 32	लिखित मूल्यांकन
May + June	- शब्द रूप – लता, मुनि - धातु रूप – पठ्, कृ (लट लकार) - पुनरावृत्ति	- पेज नं० 88 से 89 - पेज नं० 98 से 101	लिखित एवं मौखिक मूल्यांकन
July	- लोट लकार - अव्यय पद (अपि से तावत् तक) पृष्ठ संख्या 106 - अपठित गद्यांश - धातु रूप – गम्, भू (लङ् लकार)	- पेज नं० 17 से 20 - पेज नं० 98 से 99	लिखित मूल्यांकन
August	- विद्या महिमा - कंठस्थ श्लोक - पुनरावृत्ति	पेज नं० 52 से 55	मौखिक मूल्यांकन
September	पुनरावृत्ति		मौखिक मूल्यांकन
October	सर्वनाम प्रयोगः	पेज नं० 39 से 43	लिखित मूल्यांकन
November	चन्द्र शेखर आजादः	पेज नं० 44 से 48	मौखिक मूल्यांकन
December	- ऋतुराज वसन्तः - गुण सन्धि	- पेज नं० 73 से 82 - पेज नं० 103	लिखित अवलोकन
January + February	- नीतिवचनानि - शब्द रूप – किम् (कौन) (पुल्लिङ्ग) - धातु रूप – पठ्, गम् (लोट लकार) - अव्यय पद (विना से कुत्र तक) पृष्ठ संख्या - अपठित गद्यांश - कंठस्थ श्लोक	- पेज नं० 83 से 85 - पेज नं० 95 - पेज नं० 99 से 100	मौखिक मूल्यांकन

LPSC Junior Programme of Study (Session : 2026-27)

Class : VII (CBSE)

Subject: French

Month	Suggested Topic	Text Book Pages to use (Where appropriate)	1. Method of Assessment
March + April	er verbs / Numbers / Expressions of Time/ Expressions of Être /Modes of transport L – 1 <u>Exercises 1,2,3,4,& 8 and translations</u> Contracted articles (à and de)	10 -23	2. Worksheet 3. Audio activities of the book 4. Written test 5. Rubric assessment <u>Rubric criteria may include</u> – participation /grammar usage / fluency /pronunciation etc ...
May / June	Places to go out <u>{ L -2} Exercises 1 to 5 & translations</u> Plurals of the nouns Agreement & Position of adjectives ir verbs / Voici / Voilà <u>{ L -3} Exercises 1 to 5 & translations</u>	24 -33 34 – 45	1. Worksheet 2. Audio activities of the book 3. Written test 4. Rubric assessment
July / August	Verbs and phrases for activities and sports Verbs Voir and Faire Interrogative adjective ‘ quel ‘ <u>{ L -4} Exercises 1 to 7 & translations</u> Prepositions Possessive adjectives Negative structure Ordinal Numbers <u>{ L -5} Exercises 1 to 5 & translations</u>	46 -55 56 -64	1. Worksheet 2. Audio activities of the book 3. Written test 4. Rubric assessment
September	Retrieval of the concepts learned	-	Written Assessment Group Activity Verbal Assessment
October	Tir verbs Verb venir Prepositions for places <u>{ L -6} Exercises 1 to 5 & translations</u>	76 -86	1. Worksheet 2. Audio activities of the book 3. Rubric assessment
November	Oir verbs re verbs Interrogation Clothes & Accessories <u>{ L -7} Exercises 1 to 5 & translations</u> <u>Partitive Articles</u> <u>ger Verbs</u>	90 – 97 100 - 111	1. Worksheet 2. Audio activities of the book 3. Rubric assessment

	<u>verbs – prendre / boire /dire /lire / écrire</u> <u>ver verbs</u> <u>{ L -8} Exercises 1 to 5 & 7 and</u> <u>translations</u>		
December January	Pronominal / Reflexive verbs Daily routine in French <u>{ L -9} Exercises 1 to 6 and</u> <u>translations</u> Seasons in Europe Weather expressions Expressions with faire <u>{ L -10} Exercises 1 to 5 & 7 and</u> <u>translations</u>	115 – 120 124 – 132	1. Worksheet 2. Audio activities of the book 3. Rubric assessment
February	Retrieval of the concepts learned		Written Assessment Group Activity Verbal Assessment

LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : English			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March - April	• Present Tense • Past Tense • Message Writing • January Night (Literature) • Poem : No!	Pg.54-59 Pg. 60-64 Pg.23-30 Pg.17-22	• Worksheet based assessment • Peer Evaluation using Rubrics • Peer Evaluation • Peer Evaluation using Worksheets and Rubrics • Assessment using structured rubrics that focus on fluency, originality and language use.
May	• Story Writing • Modals • Comprehension • The Merchant of Venice • Summer Project(Composition)	Pg. 206-207 Pg. 74-81 Pg. 169 Pg. 1-20 Pg. 21	• Worksheet • Self Assessment Worksheet • Self Assessment • Worksheet and Oral Assessment • Project Work
June	• Revision		• MCQ Revision Worksheets
July	• Poem : Waiting • Diary Writing	Pg. 77-81 Pg. 187-188	• MCQ Worksheet • Worksheet
August	• Future Tense • Active and Passive Voice • The Sri Krishna Eating House • Julius Caesar • Comprehension-4	Pg. 65-69 Pg. 89-93 Pg. 67-76 Pg. 21-43 Pg. 175	• Sentence Transformation Test • Sentence Transformation Worksheet • MCQ Worksheet • Oral Assessment • Self Assessment
September	• Revision	-	• MCQ Revision • Worksheet and Oral Assessment
October	• Notice Writing • Agreement of the Verb with the Subject • Tom Sawyer and Huckleberry Finn • The Tempest	Pg. 189-190 Pg. 142-146 Pg. 51-59 Pg. 44-59	• Peer Assessment using Rubrics • Worksheet and Oral Assessment • Peer Assessment using Rubrics • Oral Assessment



November	• Conjunctions • Informal Letter • Comprehension-5 • The Machine Stops	Pg. 112-120 Pg. 200-201 Pg.177 Pg.82-89	• Peer Assessment using Rubrics • Worksheet Assessment • Self Assessment • MCQ Worksheet
December	• Prepositions • Formal Letter (Editor) • Winter Project (Design an Informative Poster on 'The Need for Conservation in Our Everyday Lives')	Pg. 121-127 Pg. 202-203	• Worksheet • Worksheet Assessment • Project Work
January	• Direct and Indirect Speech • Daffodils • Three Questions • Macbeth	Pg. 134-141 Pg. 129-134 Pg. 106-113 Pg. 60-83	• Worksheet Assessment • Worksheet • Peer Assessment using rubrics • Oral Assessment
February	• Revision		• Worksheets and Oral assessment



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Mathematics			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March + April	Integers, Fractions and Decimals, Lines and Angles (Exercise 8.1), Reasoning : Analogy and Classification	1–47; 152–160; Reasoning Pg 4,5,7	Quiz, Exit Ticket, Oral Viva
May	Algebraic Expressions, Mirror and Water Images, Cubes and Dice	(Pg 96–111), Reasoning and Aptitude Pg 63–64	Activity-based, Peer Assessment, Puzzle
June	Revision of all chapters covered and Reasoning Topics	1–47; 152–160; Reasoning Pg 4,5,7 Pg 96–111), Reasoning and Aptitude Pg 63–64	Worksheet Stations, Think-Pair-Share
July	Exponents and Powers	(Pg 76–96)	Quiz, Exit Ticket, Error Analysis
August	Percentage (Ex 7.1, 7.2), Triangles (Ex 9.1–9.3), Symmetry, Coding-Decoding, Paper Folding	125–148; 177–190; 229–247; Reasoning Pg 10,11,13,76,77	Lab Activity, Peer Assessment
September	Full Revision of all chapters covered	1–47; 152–160; Reasoning Pg 4, 5, 7 Pg. 96–111), Reasoning and Aptitude Pg 63–64 Pg 76–96 125–148; 177–190; 229–247; Reasoning Pg 10,11,13,76,77	Mock Test, Self-Assessment
October	Rational Numbers, Triangles (Ex 9.4, 9.5), Lines and Angles (Ex 8.2), Direction Sense	22–47; 190–203; 160–176; (Ex 8.2), Reasoning Pg 39,40,42	Think-Pair-Share, Quiz
November	Percentage (Ex 7.3), Visualising Solid Shapes, Linear Equations, Puzzle Test	125–148; 248–266; 111–124; Reasoning Pg 69–70	Project, Oral Viva
December	Revision, Percentage (Ex 7.4), Logical Venn Diagram	125–148; Reasoning Pg 32–33	Project, Presentation
January	Perimeter and Area, Data Handling, Logical Venn Diagram	204–226; 267–285; Reasoning Pg 34–35	Real-life Task, Quiz
February	Full Revision	1-285	Mock-Test



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : General Knowledge			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March	Nature's Nest (Exotic fruits, Dog story, Aerial predators)	7-9	Oral
April	India Infinite (Famous forts, India on wheels, Global Indians, Women power) + Wonder World (Natural wonders)	18-23, 52-53	Oral worksheet
May	Sport Light (Tennis time, Water sports, Indian special stars) + Dog Story (Project - any 4 breeds)	64-67	Activity-based oral
June	Nature's Nest (Big blooms, Broad biomes, Insect insights, Wild threat, Eco-tourism + Quiz/Quest)	10-17	Oral worksheet
July	India Infinite (All for a cause, New India, Pilgrimage sites, Indian Heritage Quiz/Quest)	24-31	Oral worksheet
August	Super Science (all topics Quiz/Quest)	32-41	Oral worksheet
September	Book Worm (Quantifiers, Indian words, Literature trivia) + Current Affairs	42-45	Oral worksheet
October	Book Worm (Dozen drill, Word watch, Homophones + Quiz/Quest)	46-50	Oral worksheet
November	Wonder World (full unit + Quiz/Quest) + Model Test Paper I	51-61, 92-93	Oral written
December	Fun Spot + Sport Light (remaining + Quiz/Quest) + Famous Forts of India (Project - any 4 forts)	62-63, 69-70	Oral
January	Everyday Skills (full + Quiz/Quest) + Project Submission & Presentation	71-76	Activity-based + oral
February	Mixed Bag (full) + Think Tank + Current Affairs + Model Test Paper II + News Recap	77-91, 94-96	Oral written



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Science			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March & April	The World of Metals and Non metals ; Electricity Circuits and Their Components	Pages 46 to 62 Pages 33 to 46	Practical observation and hands on demo
May	Life Processes in Plants	Pages 138 to 151	Lab practical
June	The Ever Evolving World of Science	Pages 7 to 15	Presentation
July	Exploring Substance - Acidic, Basic and Neutral	Pages 15 to 33	Method identification task
August	Changes Around Us- Physical and Chemical	Pages 62 to 75	Experimental reports
September	Revision of First Term	1, 2,3,4,5,10	Mid term exams
October	Adolescence a Stage of Growth and Change; Earth, Moon and The Sun	pages 75 to 89 Pages 167 175	Reflective essays
November	Earth, Moon and The Sun; Heat Transfer in Nature	Pages 175 till end Pages 89 to 105	Oral quiz
December	Measurement of Time and Motion	Pages 106 to 117	Calculations test
January	Life Processes in Animals; Light Shadows and Reflection	Pages 118 to 137 Pages 151 to 167	Model building, practical tasks
February	Full Revision	Complete syllabus	Final examination



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Information Technology			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March & April	Digital Defender	1-8	Quiz + Poster
May	Functions Junctions in Excel	14-26	Practical Task
June	Number System	12 & 13	Oral test +quiz
July	Graphical excellence in Excel	31-44	Practical
August	Control Flow in Python	93-102	Coding test
September	Language of Bot	50-54	Project
October	Layers in Krita	75-80	Practical
November	Krita Motion Magic	84-88	Project
December	HTML- list Table , Images	108-125	Assignment
January	Circuit drawing using Tinkercad	59-64	Practical
February	Revision	-	Test



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject: Social Science			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March/April	Geographical Diversity of India The Rise of Empires-1 Types of Governments	Pg 5 – 13 Pg 67 – 76 Pg 139-149	Pictorial assessment, Worksheet based assessment, Through different activities mentioned above child can be assessed. Role-play Flowchart
May	Understanding the weather From Barter to money	Pg 20 – 29 Pg 167-177	Worksheet, Oral assessment, Performance - Based assessment Oral
June	Map work (pg-15 Ques-F) Summer Project : Ch-10 How the land Becomes sacred.		
July	Ch-3 Climates of India–I The Rise of Empires–II	Pg 30 to 41 Pg 77 to 85	Discussion based Worksheet, chart
August	Our Constitution Age of Reorganization: Post-Mauryan Period	Pg 152 to 164 Pg 87 to 103	Worksheet, Activity based Activity-based
September	Understanding Markets	Pg 178 to 186	MCQ, Activity based



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject : Life Skills			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
April	Say Hello	1	Observation
May	Vasudhaiva Kutumbakam	11	Activity
June	Tabassum Needs Glasses	14	Observation
July	Kartik and His Mother	18	Observation
August	Don't Be Unsafe	22	Checklist
September	Riya and Rescue	26	Observation
October	Letter from Doctor	30	Assessment
November	Crossing the Line	37	Oral
December	Virtual World	42	Quiz
January	Poxo Plays Dumb	47	Observation
February	Nisha is Courageous Spooky House	50, 54	Presentation Observation



LPSC Junior Programme of Study (Session : 2026-27)			
Class : VII (CBSE)			
Subject: Art and Craft			
Month	Suggested Topic	Text Book Pages to use (Where appropriate)	Method of Assessment
March & April	Introduction to Art	1-5	Teacher observation and class participation
May	Still Life (Shading)	16-9	Practical work evaluation
June	Fruit Composition (Colouring)	23-25	Review of colouring neatness and blending
July	Birds (Colouring)	39-41	Rubric- based assessment
August	Hatching (Hens)	36 & 37	Skill checklist (hatching control)
September	Landscape (Texture Making)	51	Project evaluation
October	Warli Art (Drawing)	65-66	Creativity and accuracy check
November	Madhubani Art (Colouring)	67	Completion and colouring quality + oral discussion
December	Coiled Pot (Pottery Making)	74	Practical skill and finishing
January	Picture Collage	75	Creativity and neatness
February	The Fox and the Crane (Colouring)	70 & 71	Story representation and colouring